

2022 COMMUNITY SERVICES

Year in Review



Trails Projects completed at Benalto and Springbrook.
Playgrounds and Rinks – New playground on Tamarac Boulevard, Springbrook; Beehive at Poplar Ridge School; and new outdoor rink in Spruce View.
Volunteer Appreciation – 250 volunteers were presented gift cards and a red geranium gift for Year of the Garden at several pick-up locations during Volunteer Appreciation Week. Volunteers were mailed gift cards if they were unable to pick up.
Grants – Operational Grants were provided to over 30 halls, approximately 20

cemeteries, 4 agricultural societies, 1 outdoor amenity space, and to the Trenville Park Committee. Seven rural libraries in the Parkland Regional Library System receive annual funding. 15 capital grants were awarded to community facility groups, and 4 capital grants awarded to cemeteries.
M. J. Maxson Memorial Scholarships – 3 winners awarded these scholarships.
Year of the Garden – rdcounty.ca/2022 Year of the Garden – Just for submitting a photo of their garden, winners were awarded with a \$50 gift card to Blue Grass Garden Centre.

FAMILY AND COMMUNITY SUPPORT SERVICES (FCSS)

BENALTO FAMILY COMMUNITY SUPPORT SERVICES

Highlights, Events, and Programs:

- Self Care Series
- Seniors Soup & Socials
- Wellness Walking Group
- Easter Bunny Picnic
- Community Garden
- Spring Has Sprung Information Fair
- Summer Fun – Splash Park and Concert in the Park
- Food for the Soul
- Adulting 101
- Cookies for Community
- Light Up The Night

Mom & Me / Dad & Me Playdates – we held a few parent & me playdates throughout 2022, with families spending quality time baking cookies, making crafts, and building Lego together!



SPRINGBROOK FAMILY COMMUNITY SUPPORT SERVICES

Highlights, Events, and Programs:

- LEGO 4 Kids
- Nordic Walking
- Coffee and Cards
- Food for Thought Sessions
- Tech Time Sessions
- First Aid Mental Health Training
- Red Cross Stay Safe and Babysitting Courses
- Springbrook General Store Markets
- Community Info Night
- Gals Nights Out
- Winter Solstice Reset

Youth Nights – Free monthly program for youth ages 9 to 15 and was highly successful. Activities changed monthly, and included "Harry Potter" Night, "Minute to Win It", mandala dot painting, virtual reality games, and more. Will not continue in 2023, but we will be collaborating with Boys & Girls Club on some one-off events, so stay tuned.



Christmas Parade & Light Up Event with SCA – Third year that SCA held Santa Parade and second year FCSS partnered with them on Outdoor Light Up Event. FCSS provided free hot chocolate, BBQ, gingerbread houses, Santa photos, warming fire pits, and family skating. Look forward to this in 2023 (first Saturday in December)!

WEST COUNTY FSS PROGRAMS & EVENTS

Spruce View Community Garden – Used by community members to grow great gardens!

New Little Free Library located at the Spruce View Bakery, built by the Men's Shed Group (community volunteers).

Connect with Seniors Program – Various presentation and events at Golden West Drop-In Centre, all with great attendance! Included Soup & Social; Bring a Neighbour Pizza Party with 6 new community members; Tech Time (learn to use your iPad or iPhone); and Christmas Celebration with entertainment from Spruce View Playschool.

Seniors Coffee – Everyone enjoyed getting together on Wednesday mornings for coffee and conversation all year!

Nordic Walking – Markerville on Tuesdays from 10:00 – 11:00 AM, followed by coffee with local seniors.

Santa Grams – Seniors (nominated by family and friends) enjoyed little treats given from Community Services Dept. Spruce View Playgroup and Innisfail Family Resource Network partnered to bring programming to Spruce View families. Outside at park behind Spruce View Hall and at Markerville Creamery for ice cream.

Macrame – Two classes held at Spruce View Hall in March, well attended. FCSS Partnered with King of Kings Lutheran Church for 4th Annual Tree Lighting Event on Nov. 27 – fun had by all!

2022 COMMUNITY SERVICES

Year in Review



Total 4500 people attended a Red Deer County Program this Year!

Events and Programs Offered:

- 65 Yoga and Fitness Classes
- 35 Art and Culture Programs
- 5 Pop-Up Splash Parks and 3 Concerts, all with a BBQ
- 20 Days of Free Swimming
- 10 Days of Climbing at Trailhead
- 12 Days of Paddling
- 12 Days of Skiing and Snowboarding at Canyon Ski Hill
- 4 Days of Snow Tubing
- 1 Youth Trip to West Edmonton Mall Waterpark
- Central Alberta Skatepark Tour in conjunction with Town of Sylvan Lake, Town of Innisfail, Youth HQ, and YMCA

Just some of the 2022 highlights. Thank you to everyone who attended our programs.



New Horizons for Seniors Grant – Successfully secured this federal grant, which enabled extra programs and events such as the two Mayor's Garden Parties, and the Age Friendly Community Series (Farm Succession Planning, Daily Dinners – Cooking for 1 or 2, Organizing and Downsizing, and many more).



Frozen Meal Program – Serving approximately 100 clients, over 3000 healthy and affordable meals were delivered in 2022. Supported by incredible volunteers and the Central Alberta Co-op.

Nordic Walking – Supplies provided, and happening at Benalto, Markerville, and Springbrook.

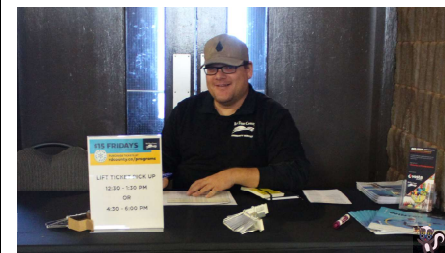
Santa Grams for Seniors – 40 gifts were hand delivered to seniors in December.

Seniors Info Fair – Happy to have booth at this year's event hosted by Collicutt Centre in Red Deer in Sept.



FCSS Senior Services, Pam Hetu

I am excited and looking forward to working in FCSS Senior Services for Red Deer County Community Services. For the last 11 ½ years, I have been with West County FCSS. In my new role, I will provide programs and services throughout Red Deer County that help seniors live safely, enjoy good health, and stay involved in the community. I will also help to identify and assess barriers and challenges with the community related to buildings and outdoor spaces; transportation; housing; respect and social inclusion; social participation; communication and information; civic participation; employment opportunities; community support; and health services. I will collaborate with recreation and culture partners and preventative support service providers and agencies to improve services for older residents living in the County, especially in rural areas. I am looking forward to getting to know more of you!



FCSS WORKER, Kevin Velthuis Kroeze

I am excited to be stepping into the role of FCSS worker (Spruce View/West County). I have been working with Red Deer County Recreation Programs since 2021 but have been involved and worked with the Spruce View Community for over 7 years, including my previous job with Youth HQ. I am looking forward to strengthening my relationships with the community while delivering on, and supporting, a wide range of preventative and social programming. You are always welcome to connect, and I look forward to seeing everyone in the community. Stay up to date with what's happening in Spruce View and Area, follow the link at rdcounty.ca/communityservices (Click on Email Alerts).